



BENEFITS UNLOCKED

Perks Tracker

Perks & Stipends Tracker

Don't leave expiring benefits on the table.

Annual perks inventory

Wellness / gym stipend

Cap: _____ Used: _____ Expires: _____ Submitted: ☐ Y ☐ N

Home office stipend

Cap: _____ Used: _____ Expires: _____ Submitted: ☐ Y ☐ N

Phone / internet reimbursement

Cap: _____ Used: _____ Expires: _____ Submitted: ☐ Y ☐ N

L&D / tuition budget

Cap: _____ Used: _____ Expires: _____ Submitted: ☐ Y ☐ N

Commuter benefits

Cap: _____ Used: _____ Expires: _____ Submitted: ☐ Y ☐ N

EAP (sessions used / available)

Cap: _____ Used: _____ Expires: _____ Submitted: ☐ Y ☐ N

Other: _____

Cap: _____ Used: _____ Expires: _____ Submitted: ☐ Y ☐ N

PTO snapshot

Current PTO balance (hrs/days): _____

Accrual rate: _____

Carryover / payout policy: _____

Time off scheduled this year: _____

Official resources

- DOL - Health plans

<https://www.dol.gov/general/topic/health-plans>